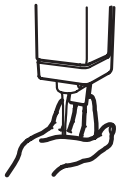




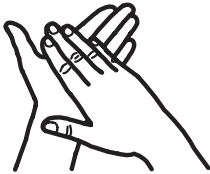
Richtiges Händewaschen



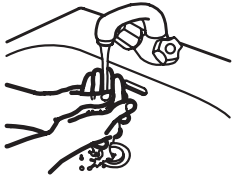
Hände mit Wasser benetzen



Hände gründlich einseifen



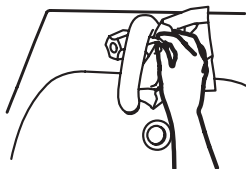
Hände reiben, inkl. Handrücken,
Finger und Handgelenke



Hände gut spülen



Hände mit Einweghandtuch gut trocknen



Hahn mit Einweghandtuch schliessen



Schweizerische Eidgenossenschaft
Confédération suisse
Confederazione Svizzera
Confederaziun svizra

Swiss Confederation

Bundesamt für Gesundheit BAG
Office fédéral de la santé publique OFSP
Ufficio federale della sanità pubblica UFSP
Federal Office of Public Health FOPH

In Zusammenarbeit mit:

ETH

Eidgenössische Technische Hochschule Zürich
Swiss Federal Institute of Technology Zurich

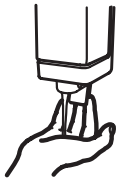
**GEMEINSAM
GEGEN
GRIPPE**



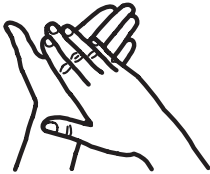
How to Handwash



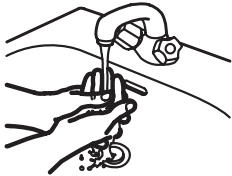
Wet hands with water



Apply enough soap



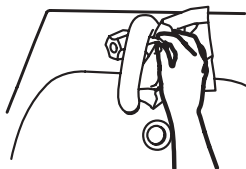
Rub hands, including your palms, fingers and wrist



Rinse hands with water thoroughly



Dry hands thoroughly with a single use towel



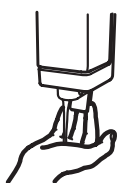
Use single use towel to turn off tap



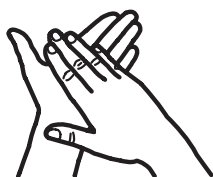
Lavarsi correttamente le mani



Inumidire le mani con l'acqua



Insaponare bene le mani



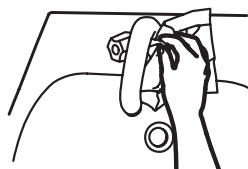
Lavare a fondo le mani includendo il dorso e le parti e tra le dita



Risciacquare bene le mani



Asciugare bene le mani con un tessuto monouso



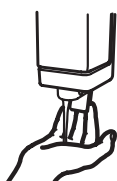
Chiudere il rubinetto utilizzando il tessuto monouso



Le lavage correct des mains



Mouiller les mains



Savonner suffisamment les mains



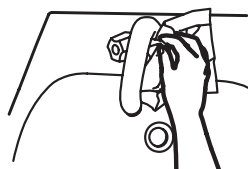
Frotter les mains, sans oublier le dos
des mains, les doigts et les poignets



Bien se rincer les mains



Bien essuyer les mains avec un
essuie-mains à usage unique



Refermer le robinet avec l'essuie-mains